## **Integrated Care Instruction and Resources for Trainees and Students**

**Dear Colleagues** 

During these extraordinary times the UMass Center for Integrated Primary Care (CIPC) <a href="https://www.umassmed.edu/cipc/">https://www.umassmed.edu/cipc/</a> seeks to help by sharing our resources—online training for students and trainees whose training programs have been interrupted.

Many clinical training programs in graduate schools, medical/nursing schools, internships, colleges, and universities have been suspended. After deliberating how we can help, particularly to students and trainees, we decided to extend access to some of our online courses. These are useful learning opportunities for future healthcare professionals interested in the integration of behavioral health and primary care.

We are offering, free of charge, access to our most popular online courses in Primary Care Behavioral Health and Patient-Centered Healthcare to one hundred students/trainees who register for each course.

Currently, this opportunity is available to learners who register by March 31<sup>st</sup> and may be extended as needs and interest dictate.

The short courses are:

- Creating and Managing an Integrated Primary Care Practice
  - A three-module primer on working as a behavioral health provider in primary care
- Bio-psycho-social Treatment
  - A five-module look at patient-activation, caring for chronic illness, medically unexplained symptoms and more
- Dealing with Substances and Pain in Primary Care
  - Five modules that examine the joint roles of behavioral health and medical providers in helping patients struggling with pain and substance use.

You can register for these short courses **HERE** as one course. Please note that we are not providing continuing education credits and technical support may be limited.

We will also be offering access to our full course, **Patient-Centered Healthcare**.

This course is an in-depth introduction to care management topics, divided among core issues as well as special populations, bio-medical issues and psycho-social concerns. This course is designed for medical assistants, nurses, social workers, and others who work as part of an interprofessional healthcare team. Registration for this course can be accessed <a href="HERE">HERE</a>. Please note that we are not providing continuing education credits and technical support may be limited.

Please feel free to share this with colleagues.